

## EFFECTS OF ADENOSINE 3':5'-MONOPHOSPHATE AND PLATELET AGGREGATION ON THROMBOXANE BIOSYNTHESIS IN HUMAN PLATELETS

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### 1. Introduction

The prostaglandin (PG) endoperoxides, PGG<sub>2</sub> and PGH<sub>2</sub> [1], and thromboxane (TX)A<sub>2</sub> [2] cause rapid aggregation and induce the release reaction in human platelets. Aggregating agents, such as collagen and thrombin, stimulate release of arachidonic acid from platelet phospholipids. This leads to synthesis of endoperoxides, thromboxanes, prostaglandins and hydroxy acids [3–5].

Elevation of adenosine 3':5'-monophosphate (cyclic AMP) levels in platelets prevents aggregation [6–8] and the simultaneous production of TXB<sub>2</sub> [9–12]. Two mechanisms for the inhibition of thromboxane formation have been proposed:

- (1) Inhibition of prostaglandin endoperoxide synthase (EC 1.14.99.1) [9];
- (2) Inhibition of arachidonic acid release from platelet phospholipids [10–12].

In the latter reports no inhibition of prostaglandin endoperoxide synthase was observed [10–12]. We have therefore reinvestigated the effects of cyclic AMP on arachidonic acid release and on the conversion of arachidonic acid to TXB<sub>2</sub>. The results suggest that elevation of cyclic AMP levels inhibits both of these reactions in platelets and that the inhibitory effect of cyclic AMP on TXB<sub>2</sub> formation from arachidonic acid is not direct but secondary to inhibition of platelet aggregation.

### 2. Materials and methods

Blood, withdrawn from healthy donors who had

not taken drugs for at least 10 days, was immediately mixed with 0.13 vol. 0.1 M trisodiumcitrate. Platelet-rich plasma (PRP) and platelet-poor plasma (PPP) were prepared as in [13]. Collagen was obtained from Stago Laboratoire, Asnières, arachidonic acid from Nu Check Prep. Inc., Elysian, MN; colchicine and indomethacin from Sigma Chemical Co., St Louis, MO. PGI<sub>2</sub> was supplied by the Upjohn Co., Kalamazoo, MI. Thromboxane B<sub>2</sub> was determined by radioimmunoassay [14], and arachidonic acid by quantitative mass spectrometry [15]. Cyclic AMP was analysed by the protein-binding assay in [16]. Before assay the samples were purified as in [13]. Platelet aggregation was monitored by the continuous recording of light transmission in a Payton dual channel aggregometer (Payton Associates Ltd., Ontario).

### 3. Results

#### 3.1. Effects of PGI<sub>2</sub> on cyclic AMP levels and collagen-induced arachidonic acid release in PRP

PRP (4 ml) was preincubated for 2 min at 37°C with indomethacin and CaCl<sub>2</sub> (final conc. 0.01 mM and 2.5 mM, respectively) followed by 15 s with PGI<sub>2</sub> (0.5–5 ng/ml). Collagen (10 µg/ml) was added and the samples were incubated for another 5 min. Two aliquots of 0.5 ml PRP were removed, each mixed with 0.5 ml 10% (w/v) trichloroacetic acid and rapidly frozen for analyses of cyclic AMP content. The remaining 3 ml of the samples were mixed with 4 vol. ethanol containing [5,6,8,9,11,12,14,15-<sup>2</sup>H<sub>8</sub>]arachidonic acid (10 µg) and frozen

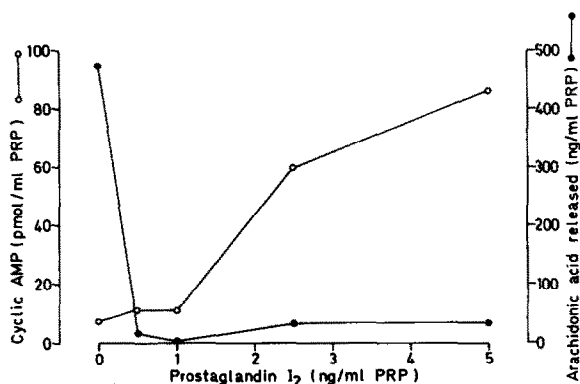


Fig.1. Effects of  $\text{PGI}_2$  on cyclic AMP levels and collagen-induced arachidonic acid release. PRP (4 ml) was preincubated for 2 min at  $37^\circ\text{C}$  with  $10\ \mu\text{M}$  indomethacin and  $2.5\ \text{mM}$   $\text{CaCl}_2$  and then for 15 s with  $\text{PGI}_2$  (0–5 ng/ml). After addition of collagen ( $10\ \mu\text{g/ml}$ ),  $2 \times 0.5\ \text{ml}$  aliquots were removed and mixed with  $0.5\ \text{ml}$  10% (w/v) trichloroacetic acid for cyclic AMP determinations. The remaining 3 ml of the samples were mixed with 12 ml ethanol containing [ $5,6,8,9,11,12,14,15\text{-}^3\text{H}_8$ ] arachidonic acid ( $10\ \mu\text{g}$ ) for analyses of arachidonic acid.

for analyses of free arachidonic acid. Controls without  $\text{PGI}_2$  were treated in the same way.  $\text{PGI}_2$  elevated the levels of cyclic AMP and caused inhibition of arachidonic acid release by  $>90\%$  (fig.1). The arachidonic acid levels have been corrected for background levels found in PRP.

### 3.2. Effects of $\text{PGI}_2$ on cyclic AMP levels, arachidonic acid-induced aggregation and $\text{TXB}_2$ synthesis in PRP

PRP (0.5 ml) was preincubated for 1 min at  $37^\circ\text{C}$  with  $\text{CaCl}_2$  ( $2.5\ \text{mM}$ ) and for 15 s with or without  $\text{PGI}_2$  ( $25\ \text{ng/ml}$ ). Arachidonic acid ( $25\text{--}800\ \mu\text{g/ml}$ ) was then added. After 5 min incubation and subsequent addition of indomethacin ( $10\ \mu\text{M}$ ) the samples were rapidly frozen for analyses of  $\text{TXB}_2$  (fig.2). At  $\leq 100\ \mu\text{g}$  arachidonic acid/ml (which did not cause aggregation),  $\text{TXB}_2$  levels were low and not influenced by  $\text{PGI}_2$ . At  $\geq 200\ \mu\text{g}$  arachidonic acid/ml, aggregation was induced (not shown) and formation of  $\text{TXB}_2$  stimulated.  $\text{PGI}_2$  inhibited  $\text{TXB}_2$  synthesis by 81% and 47% at  $200\ \mu\text{g}$  arachidonic acid/ml and  $400\ \mu\text{g}$  arachidonic acid/ml, respectively. At  $800\ \mu\text{g}$  arachidonic acid/ml,  $\text{PGI}_2$  had no effect on the

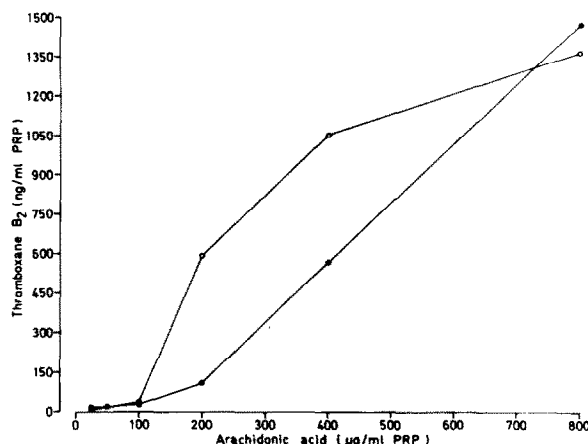


Fig.2. Arachidonic acid-induced  $\text{TXB}_2$  synthesis in absence or presence of  $\text{PGI}_2$ . PRP (0.5 ml) was preincubated for 1 min at  $37^\circ\text{C}$  with  $\text{CaCl}_2$  ( $2.5\ \text{mM}$ ) and for 15 s with or without  $\text{PGI}_2$  ( $25\ \text{ng/ml}$ ). After 5 min incubation with arachidonic acid ( $25\text{--}800\ \mu\text{g/ml}$ ), indomethacin ( $10\ \mu\text{M}$ ) was added and the samples were rapidly frozen for determinations of  $\text{TXB}_2$ . Control ( $\circ\text{---}\circ$ );  $\text{PGI}_2$  ( $\bullet\text{---}\bullet$ ).

$\text{TXB}_2$  levels.  $\text{PGI}_2$  prevented platelet aggregation at all concentrations of arachidonic acid.

In other experiments, PRP (0.5 ml) was incubated as above in an aggregometer with varying concentrations of  $\text{PGI}_2$  (0–1000 ng/ml) and arachidonic acid ( $250\ \mu\text{g/ml}$  or  $1000\ \mu\text{g/ml}$ ). These samples were used for determinations of  $\text{TXB}_2$  levels and platelet aggregation. Parallel samples were incubated in the same way and stopped with  $0.5\ \text{ml}$  10% (w/v) trichloroacetic acid for measurements of cyclic AMP. Figure 3 shows the effects of  $\text{PGI}_2$  on these parameters. At both concentrations of arachidonic acid, complete inhibition of the aggregation was observed, when  $\geq 5\ \text{ng}$   $\text{PGI}_2/\text{ml}$  was added. When  $250\ \mu\text{g}$  arachidonic acid/ml was added the formation of  $\text{TXB}_2$  was partially inhibited by  $\text{PGI}_2$  ( $\geq 5\ \text{ng/ml}$  caused  $\sim 75\%$  inhibition). In contrast, no inhibition of  $\text{TXB}_2$  formation was observed at the higher arachidonic acid concentration.

### 3.3. Effects of colchicine on cyclic AMP levels, arachidonic acid-induced aggregation and $\text{TXB}_2$ synthesis in PRP

PRP (0.5 ml) was preincubated in an aggregometer

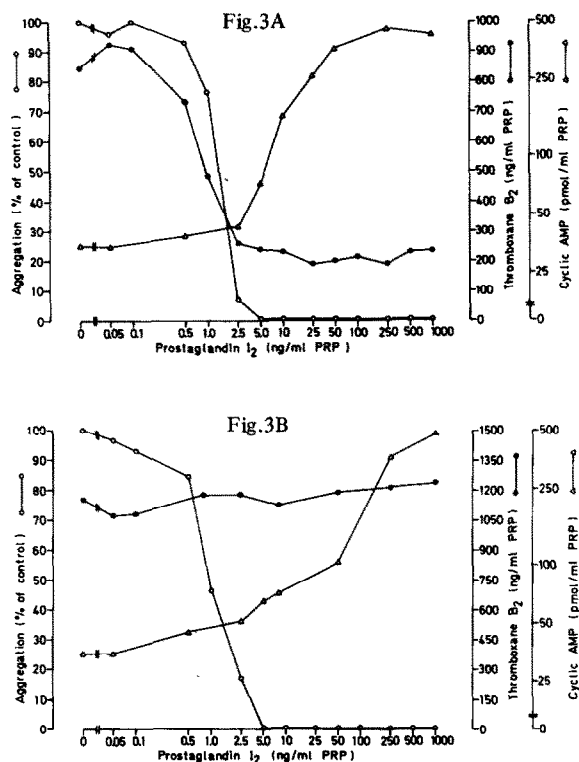


Fig.3. Effects of PGI<sub>2</sub> on cyclic AMP levels and arachidonic acid-induced aggregation and TXB<sub>2</sub> synthesis. PRP (0.5 ml) was preincubated for 1 min in an aggregometer at 37°C with CaCl<sub>2</sub> (2.5 mM) and for 15 s with PGI<sub>2</sub> (0–1000 ng/ml). The samples were then incubated for 5 min with: A (upper panel) 250 µg arachidonic acid/ml; B (lower panel) 1000 µg arachidonic acid/ml. Platelet aggregation was continuously recorded. After addition of indomethacin (10 µM), the samples were rapidly frozen for TXB<sub>2</sub> analysis. Identically incubated samples were stopped with 0.5 ml 10% (w/v) trichloroacetic acid for measurements of cyclic AMP.

for 1 min at 37°C with CaCl<sub>2</sub> (2.5 mM) and colchicine (0–2 mM) prior to incubation with arachidonic acid (250 µg/ml or 1000 µg/ml) for 5 min. Platelet aggregation was continuously monitored. Thereafter indomethacin (10 µM) was added and the samples were rapidly frozen for analyses of TXB<sub>2</sub>. Parallel samples were identically incubated and stopped with 0.5 ml 10% (w/v) trichloroacetic acid for measurements of cyclic AMP. As shown in fig.4, colchicine inhibited platelet aggregation without elevating the cyclic AMP levels. Colchicine also decreased the formation of TXB<sub>2</sub> at the lower (250 µg/ml) but not at the

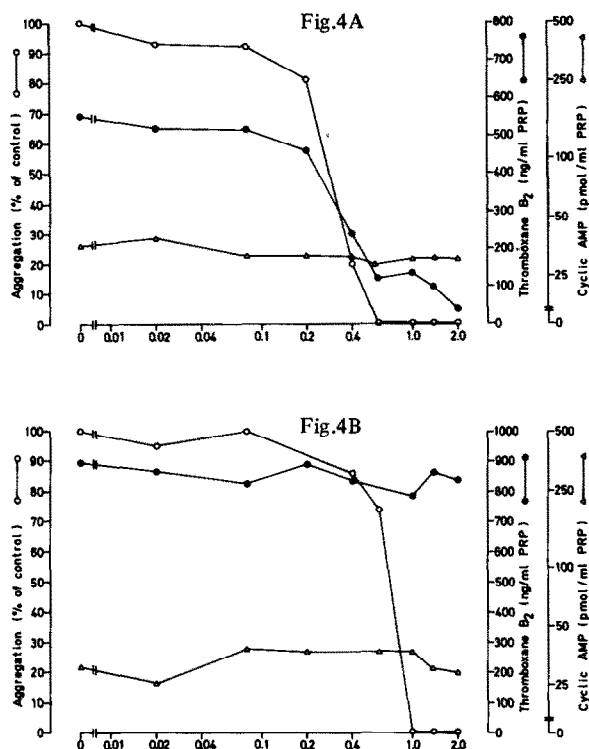


Fig.4. Effects of colchicine on cyclic AMP levels and arachidonic acid-induced aggregation and TXB<sub>2</sub> synthesis. PRP (0.5 ml) was preincubated for 1 min in an aggregometer at 37°C with CaCl<sub>2</sub> (2.5 mM) and colchicine (0–2 mM). The samples were then incubated for 5 min with: A (upper panel) 250 µg arachidonic acid/ml; B (lower panel) 1000 µg arachidonic acid/ml. Platelet aggregation was continuously recorded. After addition of indomethacin (10 µM), the samples were rapidly frozen for TXB<sub>2</sub> analyses. Identically incubated samples were stopped with 0.5 ml 10% (w/v) trichloroacetic acid for measurements of cyclic AMP.

higher (1000 µg/ml) concentration of arachidonic acid.

#### 4. Discussion

PGI<sub>2</sub> (prostacyclin) was used to study the effects of elevated cyclic AMP levels [17,18] on platelet thromboxane formation. At low concentrations of PGI<sub>2</sub>, the collagen-induced release of arachidonic acid was inhibited, as determined by direct measurements of arachidonic acid in PRP (fig.1). This is in agreement

with reports showing that cyclic AMP inhibits arachidonic acid release from platelet phospholipids [10–12].

PGI<sub>2</sub> prevents arachidonic acid-induced platelet aggregation [19]. With PGI<sub>2</sub> present, decreased conversion of exogenously added arachidonic acid to TXB<sub>2</sub> was observed at low but not at high concentrations of the fatty acid (fig.2,3). Figure 3A shows that PGI<sub>2</sub> caused parallel dose-dependent inhibition of platelet aggregation and TXB<sub>2</sub> synthesis when a low concentration of arachidonic acid was used. At a higher concentration of arachidonic acid, PGI<sub>2</sub> inhibited platelet aggregation without affecting the synthesis of TXB<sub>2</sub> (fig.3B). This suggests that cyclic AMP inhibits platelet aggregation at multiple steps, one of which is beyond the synthesis of prostaglandin endoperoxides and thromboxanes [10,13,20]. The latter effect is probably exerted by interference with contractile processes in platelets [12].

The inhibition of arachidonic acid-induced TXB<sub>2</sub> synthesis at low but not at higher substrate concentrations indicates a  $K_m$  change of the prostaglandin endoperoxide synthase. This could be a direct effect of cyclic AMP on the enzyme. Alternatively, the  $K_m$  might decrease during platelet aggregation and cyclic AMP counteract this effect by inhibiting aggregation. To distinguish between these two possibilities, colchicine was used as an agent which prevents aggregation without raising the levels of cyclic AMP (fig.4). The effects of colchicine on arachidonic acid-induced aggregation and TXB<sub>2</sub> synthesis were identical to those of PGI<sub>2</sub> (fig.4). This supports the second alternative described above, namely that the effect of cyclic AMP on this enzyme is secondary to inhibition of the aggregation. Further experiments regarding the influence of aggregation on the platelet endoperoxide synthase are in progress.

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